

Armstrongs' Counselling Services

Telephone: (780) 444.4399 or 489.6389

10027 - 166 Street

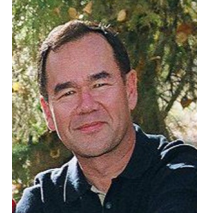
Fax: (780) 444.4399

Edmonton, Alberta T5P 4Y1

Email: dmarm@telus.net

Websites: ArmstrongsCounselling.com

VoiceDialogueEdmonton.com



Resume for Murray Armstrong

As of January 2016

Personal Information

Date of Birth: March 9, 1947
Marital Status: Married, two adult daughters, two son-in-laws and five grandchildren

Academic History

1971 - 1973 Maritime School of Social Work, Dalhousie University
Masters in Social Work, Clinical Studies

1965 - 1968 University of Alberta, Edmonton, Alberta
Bachelor of Arts, History and Political Science

1963 - 1965 St. Mary's High School, Edmonton, Alberta
Senior Matriculation

Employment History

2006 - Present Armstrongs' Counselling Services, Edmonton, Alberta
Self-employed, Private Practice

1989 - 2005 Lousage Institute, Edmonton, Alberta
Self-employed, Private Practice with a group of psychologists
General clinical practice doing individual, marital, family and group
therapy and specializing in men's issues

1984 - 1989 Yellowhead Youth Center, Edmonton, Alberta
Family Therapist

1978 - 1984 Social Services, Prince Edward Island
Child Welfare Supervisor

1973 - 1978 Mental Health Services, Grande Prairie, Alberta

"Creating Deeper Connections for Individuals and Relationships"

Murray Armstrong, MSW, RSW & Donna Armstrong, B.Ed.



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Employment History - continued

1971 - 1973 Maritime School of Social Work, Halifax, Nova Scotia
Masters in Social Work, Clinical Studies

1969 -1971 Alberta Child Guidance Clinic, Grande Prairie, Alberta
Clinical Social Worker

Professional Affiliations

1985 Clinical Member of American Association for Marriage and Family Therapy

1989 Approved Supervisor with AAMFT

1990 RSW with Alberta and Canadian Associations of Social Workers

1993 Private Practice Roster with Alberta College of Social Workers

1998 Alberta and Canadian Family Mediation Society

2000 Clinical Registry and Private Practice Roster for Alberta College of Social Workers

2010 International Center for Excellence in Emotionally Focused Therapy (ICEEFT)

Qualifications as an Expert Witness in Family Therapy

March 1, 1989 Judge Russell, Provincial Court of Alberta, Family and Youth Division

March 13, 1989 Judge Witten, Provincial Court of Alberta, Family and Youth Division

Publications

June, 2003 Self-published with Donna Armstrong a three level teaching curriculum in the 'Basic Concepts of Voice Dialogue' (Introductory, Intermediate and Advanced Levels).

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Workshops

2010 - Present
Written and Approved by ICEEFT for Emotionally Focused Therapy
'Under the Microscope, Stage One, Steps 1-4'

2003 - Present
Along with my wife, have offered about ten + workshops training people in
in the Voice Dialogue method.

Over the years, I have developed and taught many workshops in the many
approaches I have learnt and used in my private therapy practice.

References

Person	Position	Context Known	Location	Phone Number
Dr. Carroll Ganam	Psychologist Private Practice	Colleague since 1989	Lousage Institute, Edmonton, AB	780 - 974-4081
Mr. Larry Lambert	Retired Vice- Principal	Friend since 1962	Edmonton, AB	780 - 436-1438

Therapy Training

Since I began my career in 1969, I have averaged about seventy hours of
training each year. Below is a summary of the major therapy approaches I
have studied in depth over the years. On the next few pages, I have listed in
detail the year, time, course name and trainer of each course attended.

1970s and 1980s
Family Therapy- Narrative, Structural, Systemic, Strategic, Solution Focused

1990s
Experiential Therapies - Art and Movement, Psychodrama, Family
Re-Construction, Family Drama Systems, Carpet/Guts/Shadow Work,
Voice Dialogue, Hakomi

2000s
Emotionally Focused Therapy,
Voice Dialogue Psychology of the Selves and the Aware Ego Process,
Re-Creation of the Self Model, Hakomi,
Trauma therapies - EMDR, TAT, EFT,
Energy Psychology - AIT (Advanced Integrative Therapy)

"Creating Deeper Connections for Individuals and Relationships"

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Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
April	1973 5 days	Human Social Functioning
Jan-June	1976 6 months	Intensive Family Therapy with Dr. Karl Tomm
July	1982 21 days	Module 1 Process Community with Virginia Satir
November	1983 5 days	Holistic Healing
August	1984 30 days	Module 2 Process Community with Virginia Satir
Oct.'84-June '85	Monthly	Family Therapy Supervision
Jan.-April	1986 125 hours	Advanced Family Practicum
February	1986 2 days	Systematic Therapy with Couples
April '86-Feb.'88	Weekly	Family Therapy Training
August	1987 10 days	Milan Systematic Therapy
January	1988 5 days	Narrative Therapy with Michael White
September	1988 6 days	Neuro-Linguistic Programming with Lloyd Flaro
October	1988 2 days	Structural Family Therapy with Karl Tomm
February	1989 2 days	Narrative Therapy with Michael White
April	1989 1 day	Brief, Solution Focused Therapy
November	1989 1 day	Attention Deficit Disorders
January	1990 5 days	Comparison of Second Order Cybernetics Systemic Therapy
April	1991 3 days	Gestalt Therapy
Fall	1991 20 hours	Movement and Art Therapy
September	1991 2 days	Belief Systems in Family Therapy with Lorraine Wright
October	1991 4 days	Introduction to Ericksonian Hypnosis
February	1992 1 day	Male Archetypes
February	1992 1 day	Father-Son Relationships
March	1992 2 days	Working With Fathers

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
August	1992 3 days	Inner Child Work with John Bradshaw
November	1992 3 days	Healing therapist Shame
November	1992 3 days	New Warrior Initiation (learning to work with men)
February	1993 2 days	Critical Incident Stress Debriefing
November	1993 4 days	New Warrior Training Program (leading men's groups)
June	1994 3 days	New Warrior Training Program (shadow work with men)
April	1994 2 day	Introduction to Solution Focused, Brief Therapy
July	1994 5 days	Intensive in Solution Focused, Brief Therapy
February	1995 3 days	Action Method Training (a form of psychodrama)
April	1995 3 days	Action Method Training
May	1995 5 days	Action Method Training
August	1995 7 days	Action Method Training
September	1995 3 days	Action Method Training
1996		I lost my 1996 appointment book and don't remember the trainings.
February	1997 4 days	New Warrior Inner King Training
February	1997 2 days	New Warriors—Basic Leadership Training
March	1997 2.5 days	Hakomi Body Center Psychotherapy with Jon Eisman
May	1997 3 days	New Warriors Leadership Training
June	1997 2.5 days	Hakomi
August	1997 2.5 days	Hakomi
October	1997 3 days	New Warriors Leadership Training
November	1997 2.5 days	Hakomi
March	1998 2.5 days	New Warriors Leadership Training with Jim Mitchell
May	1998 3 days	New Warriors Leadership Training with Jim Mitchell

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
May	1998 2.5 days	Hakomi with Jon Eisman
June	1998 2 days	Family Mediation Training
July	1998 2.5 days	Hakomi with Jaci Hull
August	1998 2 days	TAT (Tapas Acupressure Technique) with Tapas Fleming
September	1998 2.5 days	Hakomi with Jon Eisman
October	1998 3 days	Advanced Family Mediation Training
November	1998 2.5 days	Hakomi with Jaci Hull
January	1999 2.5 days	Hakomi with Beth Falch-Nielsen
February	1999 4 days	Inca Shamanic Intro with Alberto Vilaldo
March	1999 3 days	Hakomi with Jaci Hull
May	1999 3 days	Hakomi with Jaci Hull
July	1999 4 days	Hakomi with Jon Eisman
September	1999 4 days	Inca Shamanism (South) with Alberto Vilaldo
November	1999 4 days	Hakomi with Jon Eisman
January	2000 4 days	Inca Shamanism (East) with Jose Herrera
February	2000 4 days	Hakomi with Jon Eisman
June	2000 4 days	Inca Shamanism (West) with Jose Herrera
June	2000 4 days	Hakomi with Jon Eisman
July	2000 5 days	Voice Dialogue Couples Work with Drs. Hal and Sidra Stone
December	2000 5 days	Voice Dialogue Senior Facilitator Training with the Stones
April	2001 4 days	Inca Shamanism (North) with Jose Herrera
September	2001 5 days	Voice Dialogue— Level 3 with Hal and Sidra Stone
January	2002 5 days	Voice Dialogue—Teacher Training with Judith Stone
June	2002 3 days	Re Creation of the Self (R-CS) with Jon Eisman

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
July	2002 5 days	Voice Dialogue Training with Hal and Sidra Stone
November	2002 3 days	EMDR—Level 1
January	2003 5 days	Voice Dialogue Training with Hal and Sidra Stone
March	2003 3 days	EMDR—Level 2
April	2003 2 days	Trauma Conference with Rachel Yehuda
April	2004 2 days	Individualized Energy Psychology 1 with Dorothea Kramer
July	2004 2 days	Voice Dialogue Couples Intensive with Martha-Lou Cohen
October	2004 2 days	Individualized Energy Psychology 2 with Dorothea Kramer
January	2005 2 days	Mankind Project– Leadership Training with Jim Mitchell
April	2005 2 days	Integrated Energy Psychology with Barbara Stone
April	2005 2.5 days	Voice Dialogue Couples Work with Martha-Lou Cohen
May	2005 3 days	Re-Creation of the Self (R-CS) Couples Work with Jon Eisman
June	2005 3 hours	R-CS Supervision with Beth Falch-Nielsen
July	2005 4 days	Mankind Project Advanced Leadership with Jim Mitchell
September	2005 5 days	Voice Dialogue Advanced Couples Work with Hal& Sidra Stone
November	2005 4 days	Voice Dialogue Advanced Partnering with Hal and Sidra Stone
December	2005 3.5 days	R-CS – Intermediate Couples Workshop with Jon Eisman
February	2006 2 days	Trauma –Cognitive and Somatic Approaches with Pat Ogden
April	2006 3.5 days	R-CS Level 1 with Jon Eisman
May	2006 3 hours	R-CS Supervision with Beth Falch-Nielsen
June	2006 3 hours	R-CS Supervision with Beth Falch-Nielsen
July	2006 2 days	Couples Workshop-Char/Rich Tosi (New Warriors & Women Within)
August	2006 3 hours	R-CS Supervision with Beth Falch-Nielsen
September	2006 3.5 days	R-CS Workshop Level 2 with Jon Eisman

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
September	2006 2 days	Luminosity with Marleen Gray
November	2006 3 hours	Re-Creation of the Self (R-CS) Supervision –Beth Falch-Nielsen
January	2007 3 days	R-CS Workshop Level 3 with Jon Eisman
February	2007 3 hours	R-CS Supervision with Beth Falch-Nielsen
April	2007 3 days	Advanced Integrative Therapy (AIT) Basic with Bari Banister
July	2007 3 days	AIT-Presence with Asha Clinton
August	2007 4 hours	AIT-Supervision with Asha Clinton (August– November)
September	2007 5 hours	AIT-Presence Supervision with Asha Clinton (Sept-Dec.)
October	2007 3 days	AIT-Character Structure with Asha Clinton
October	2007 3 days	R-CS Workshop Level 4 with Jon Eisman
November	2007 3 days	AIT-Healing the Wounded Spirit Level 1 with Asha Clinton
December	2007 3 days	AIT-Depths Psychology
Jan.-May	2008 13 hours	AIT Advanced Supervision with Asha Clinton
April	2008 3 days	AIT-Psychogenic Illness Treatment –Level 1
May	2008 3 days	R-CS Workshop Level 5 with Jon Eisman
August	2008 5 days	Staffing with Drs. Stone, Voice Dialogue Advanced Practicum
October	2008 3 days	AIT - Mastering AIT Practice
November	2008 5 days	AIT - Teacher Training for Basics Course in AIT
March	2009 8 days	AIT - Teacher Assistant for two Basic Courses
March	2009 4 days	AIT - Anxiety Disorders Assessment and Treatment
August	2009 4 days	AIT - Skill Based and Center Based Teacher Training Course
October	2009 4 days	Voice Dialogue Convergence-The Art of Building Community
February	2010 2 days	Emotion Focused Therapy for Couples Intro, Dr. Sue Johnson
April	2010 4 days	AIT- Emotional Triggers Workshop with Dr. Asha Clinton

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
May	2010 2 days	Healing Emotional and Physical Pain with Dr. Maggie Phillips
May	2010 4 days	Emotion Focused Therapy Externship – Drs. Johnson & Woolley
September	2010 13 hours	Emotional Focused Therapy (EFT) Individual Supervision with Dr. Alison Lee in lieu of the 4 Core Skills Training Program toward certification as an EFT Therapist.
September	2010 9 hours	“Unpacking the Process”, EFT Group Supervision with Dr. Rebecca Jorgensen where she analyzes in minute details the stages and steps of EFT.
Jan.- Dec.	2011 29 hours	Emotional Focused Therapy (EFT) Individual Supervision with Dr. Alison Lee in lieu of the 4 Core Skills Training Program toward certification as an EFT Therapist.
Jan.- Dec.	2011 33 hours	“Unpacking the Process”, EFT Group Supervision with Dr. Rebecca Jorgensen where she analyzes in minute details the stages and steps of EFT.
April-Dec.	2011 22.5 hours	“Group Case Presentations”, EFT Group Supervision with Dr. Rebecca Jorgensen where each group members presents a couple they are working with and receives feedback from Dr. Jorgensen and the rest of the group members.
November	2011 21 hours	DARE-Module 1-Healing Early Attachment Wounds with Dr. Diane Heller-Poole.
December	2011 21 hours	Advanced Integrative Therapy-Attachment Treatment with Dr. Asha Clinton
Jan.-April	2012 7 hours	Individual EFTC Supervision with Dr. Alison Lee.
Jan.-April	2012 12 hours	“Unpacking the Process”, EFT Group Supervision with Dr. Rebecca Jorgensen.
Jan.-April	2012 12 hours	“Group Case Presentations”, EFT, Group Supervision with Dr. Rebecca Jorgensen.
February	2012 4 hours	“Brain Health Symposium”, Dr. Norman Doidge
April	2012 14 hours	Using EFTC with Individuals, Dr. Yolanda von Hockauf
April	2012 14 hours	Trauma, Neuroplasticity and the Development of Addictive Behavior, Dr. Gabor Mateo.

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>
June, 2012	2 days	Transforming Shame Using Emotion Focused Therapy with Drs. Rebecca Jorgensen and Jim Thomas
August, 2012	2 days	Emotion Focused Therapy with Families with Dr. James Furrow, Gail Palmer, George Faller, and Lisa Palmer-Olson.
February, 2013	2 days	Emotionally Focused Therapy and Addictions with Dr. Michael Barnett and Dr. Jim Thomas
October, 2013	2 days	Emotionally Focused Therapy, Supervisors' Training, with Dr. Lisa Palmer-Olson and George Faller, EFT Trainers
November, 2013	4 days	Emotionally Focused Therapy Externship with Dr. Veronica Kallos-Lilly, Calgary
Nov/13-Sept/14	10 days	Core Skills 1-5, Emotionally Focused Therapy with Lorrie Brubacher
October, 2014	4 days	Emotionally Focused Therapy Externship with Dr. Veronica Kallos-Lilly, Edmonton.
Nov./14-June/15	8days	Core Skills 1-4, Emotionally Focused Therapy with Dr. Veronica Kallos-Lilly and Dr. Leanne Campbell
May/12-Dec/15	39 Hours	Individual Supervision of Emotionally Focused Therapy skills.
May/12-Dec/15	166 Hours	Group Supervision of Emotionally Focused Therapy Skills
Jan/13-Dec/15	48 Hours	Supervisor Training to teach Emotionally Focused Therapy
February, 2015	2 days	Hold Me Tight Workshop with Dr. Sue Johnson
September, 2015	2 days	Emotionally Focused Family Therapy Workshop with Gail Palmer and George Faller, EFT Trainers

Detailed List of Therapy Training

<u>Year</u>	<u>Length</u>	<u>Type of Training</u>	<u>Trainer</u>
October, 2015	4 days	Voice Dialogue Convergence	Tamar Stone
October, 2015	2 days	Emotionally Focused Therapy – Gaining Traction, Get to Softening in EFT	Jim Thomas
November, 2015	2 days	Emotionally Focused Therapy – Stage 2 Change Events Training	Dr. Marlene Best Kathryn Rheems